

Dance Lessons Family Tuition

1 class/wk	\$48 month
2 classes/wk	\$92 month
3 classes/wk	\$126 month
4 classes/wk	\$160 month
5 classes/wk	\$190 month
6 classes/wk	\$204 month
7 classes/wk	\$224 month
8+ Classes	Please see front desk
Annual Registration	\$40/Family \$55
Drop-in Class	\$12.00
Private lessons	\$35 half hour

Rep and Cont. Perf. Fee Due at registration	\$50 year
--	-----------

Violin & Piano Private Lessons

½ hr/week (4 wks)	\$80 month
1 hr/week	\$155 month

BNWA offers a limited number of need based scholarships per year. Current tax information is required. Please see front desk for more information.

**To Register:
Please Call 343-3914 or
just stop by the Academy**

**BNWA Sells
Dance Attire and Shoes!**

Recommendations, Requirements,
Enhancement Classes, Age
Levels, Attire and More
Can All be Found at:

WWW.BNWA.NET

or call

343-3914



VIP Registration
April 4th 9-12
Current Clients Only

Priority Registration
April 6th
Previously Enrolled Clients and
Students

BNWA
Ballet North West Academy
1144 Willagillespie Road, Suite 4
Delta Triad Building
Eugene, Oregon 97401

BNWA

Ballet North West Academy

2009-10

*Dance
and
Music
Lessons*



1144 Willagillespie Road
Suites 1-5
Delta Triad Building
Across from Valley River Center

343-3914

www.bnwa.net

MUSIC PROGRAM



Suzuki Method Violin

The Suzuki method demonstrates that children learn to play an instrument in the same way they learn their own language: by listening, absorbing, and copying. Parents are actively involved in the learning process, joining forces with the teacher to create an enjoyable learning environment. The Suzuki method is comprised of weekly private lessons and twice monthly group classes. The group classes teach children how to play in a group setting as well as providing an opportunity to practice with their peers.

Harmony Road Piano

Harmony Road, a Portland-based method, is an exciting, comprehensive music program. It is designed to help students discover the world of music through motivating materials and activities which develop the whole person. All aspects of musicality are fostered; note reading, solfege singing, ear-training, composition, ensemble and rhythm activities, music theory, and more. The Harmony Road curriculum encourages the whole musician's piano capabilities while providing a good foundation for the study of any musical instrument.

Private Music Lessons

Private lessons ensure that the student has the undivided attention of the teacher and can progress at a level suited to them individually. Private lessons can be scheduled at the front desk.

CONTEMPORARY PROGRAM

Jazz

Jazz is a fun and upbeat style of theatrical dance set to contemporary music, with a strong ballet foundation. Lyrical Jazz is interpreted through the 'poetry' of the body. It fuses the highly stylized and yet seamless movements of jazz with the elegance and grace of ballet.

Intro Tap/Jazz (ages 5-7)	Thur	3:30 - 4:30
Intro Jazz/Hip Hop (ages 5-7)	Mon	3:30 - 4:40
Intro Jazz/Hip Hop (ages 5-7)	Tues	5:30 - 6:30
Jazz 1	Mon	3:30 - 4:30
Jazz 1	Fri	3:30 - 4:30
Jazz 2	Tues	4:45 - 5:45
Jazz 3	Wed	4:30 - 5:30
Jazz 4	Mon	4:30 - 5:30
Contemporary Choreography - 3/4	Fri	6:30 - 7:30
Jazz 5	Wed	6:30 - 7:30
Contemporary Choreography - 5	Fri	6:30 - 7:30

Online Calendar

A full, detailed calendar for important dates, performances, rehearsals and studio events can be found online at:

www.bnwa.net

Tap

Tap is a fun and exciting style of American theatrical dance. Students will gain knowledge of basic tap vocabulary and steps. Shuffles, flaps, flap heel, scuffles, running flaps, and riffs will be taught in the Introduction to Tap and Jazz. Maxi-fords, Irish, buffalos, time steps, across the floor combinations and preparation for pullbacks and wings will be introduced as well.

Intro Tap/Jazz (ages 5-7)	Thurs	3:30 - 4:30
Tap 1 (ages 7-9)	Tues	3:45 - 4:45
Tap 2	Mon	5:30 - 6:30
Tap 3	Tues	5:45 - 6:45
Tap 4	Wed	5:30 - 6:30
Contemporary Choreography - 3/4	Fri	6:30 - 7:30

Hip Hop

Get Pump'd up in Hip Hop while learning the hottest new dance moves from your favorite hip hop/R&B/pop music film clips and original choreography. Hip hop encompasses movement that has elements of poppin', locking, and breaking as well as freestyle movement to give students the opportunity to develop their own sense of style. Classes will use basic through advanced body isolations found in other technique classes. Hip hop is urban, it's street, it's diverse and forever changing.

Boyz Hip Hop	Thurs	5:45 - 6:45
Intro Jazz/Hip Hop (ages 5-7)	Mon	3:30 - 4:30
Intro Jazz/Hip Hop (ages 5-7)	Tues	3:30 - 4:30
Hip Hop 1	Mon	4:30 - 5:30
Hip Hop 1	Fri	4:30 - 5:30
Hip Hop 2	Fri	3:30 - 4:30
Hip Hop 3	Fri	5:30 - 6:30
Contemporary Choreography - 3/4	Fri	6:30 - 7:30
Hip Hop 4/5	Fri	7:30 - 8:30
Contemporary Choreography - 5	Fri	6:30 - 7:30
Adult Hip Hop	Mon	7:30 - 8:30

Musical Theatre

Elements of tap, jazz, ballet and folk dance combine to form a character-based dance. Dancers will be exposed to the music and dance stylings of great Broadway musicals like Cats, Annie, Chicago and much, MUCH MORE! Your level of Musical Theatre corresponds to your highest level of Tap, Jazz or Hip Hop in which you are currently enrolled.

Musical Theatre 1/2	Tues	4:45 - 5:45
Musical Theater 3	Fri	4:30 - 5:30
Musical Theater 4	Fri	5:30 - 6:30
Musical Theater 5	Thur	5:45 - 6:45

Contemporary Choreography

Students study and learn the latest dance choreography. Both original and existing choreography from the latest styles of dance will be taught to the students. Students will then have the opportunity to perform in the community at festivals, fairs, public schools, and special events (\$50 annual performance fee). Your level corresponds to the highest level of Tap, Jazz or Hip Hop in which you are currently enrolled.

Contemporary Choreography - 3/4	Fri	6:30 - 7:30
Contemporary Choreography - 5	Fri	6:30 - 7:30

THE BEGINNING YEARS

Creative Dance (ages 3 -4)

There is nothing more natural for a young child than to dance. Creative Dance is a joyful and fun way to introduce young children to the many benefits of dance. Children learn Ballet, Tumbling, Tap and a little time for creative dance and expression plus classroom skills and, most of all,

Attire: Ballet shoes, Tap shoes, leotard and tights.		
Creative Dance (ages 3-4)	Mon	3:15 - 4:00
Creative Dance (ages 3-4)	Thurs	10:00 - 10:45
Creative Dance (ages 3-4)	Sat	10:00 - 10:45

Music & Dance (ages 4 -5)

Enjoy Dance, Song and Music through rhythms and patterns with fun instruments as well as learning ballet technique and tap steps. Understanding the partnership between music and dance will benefit students for a lifetime of appreciation of the arts.

Attire: Ballet shoes, Tap shoes, leotard and tights.		
Music & Dance	Tues	5:45-6:30
Music & Dance	Wed	3:15 - 4:00
Music & Dance	Wed	5:45-6:30
Music & Dance	Thurs	3:15 - 4:00
Music & Dance	Sat	9:15-10:00
Music & Dance	Sat	10:45-11:00

Pre-Ballet (ages 5 - 6)

For young dancers who wish to study ballet. This first year of ballet is what you may think of as a traditional ballet class and the first year of a ballet syllabus. This class is an hour long, set to classical music.

Attire: Ballet shoes, pink leotard and pink tights		
Pre-Ballet	Wed	3:15- 4:00
Pre-Ballet	Thurs	3:15- 4:00
Pre-Ballet	Sat	9:15-10:00

**BNWA Sells
Dance Attire and Shoes!**

Pre-Professional Ballet Program

Ballet 1	Mon	4:00 - 5:15
Ballet 1	Thurs	4:00 - 5:15
Ballet 1	Sat	9:00 - 10:15
Beginning Repertory (1+1B)	Sat	10:15 - 11:00
Ballet 1B	Tues	4:00 - 5:15
Ballet 1B	Sat	9:00 - 10:15
Ballet 2	Thurs	5:15 - 6:45
Ballet 2	Sat	11:00 - 12:30
Intermediate Repertory (2+2B)	Sat	12:30 - 1:30
Ballet 2B	Wed	5:15 - 6:30
Ballet 2B	Sat	11:00 - 12:30
Pilates for Dancers	Sat	1:30 - 2:15
Pre-Pointe	Sat	10:15 - 11:00
Boys Ballet	Thurs	4:30 - 5:45
Ballet 3	Mon	5:15 - 6:45
Ballet 3	Tues	6:30 - 7:45
Ballet 3	Sat	11:00 - 12:30
Pre-Pointe/Beg. Pointe	Mon	6:45 - 7:30
Advanced Repertory (B3+4)	Sat	12:30 - 1:30
Ballet 4	Tues	4:30 - 6:00
Ballet 4	Wed	7:45 - 9:00
Ballet 4	Sat	11:00 - 12:30
Dance Conditioning	Mon	5:30 - 6:30
Modern	Fri	5:30 - 6:30
Intermediate Pointe	Tues	6:00 - 6:45
Ballet 5	Mon	6:45 - 8:15
Ballet 5	Tues	4:30 - 6:00
Ballet 5	Wed	7:45 - 9:00
Ballet 5	Sat	1:30 - 3:00
Ballet 6	Mon	6:45 - 8:15
Ballet 6	Tues	6:45 - 8:15
Ballet 6	Thurs	6:45 - 8:15
Ballet 6	Sat	1:30 - 3:00
Pointe/Classical Variations	Mon	8:15 - 9:00
Advanced Pointe	Tues	8:15 - 9:00
Advanced Pointe	Thurs	8:15 - 9:00
Advanced Pointe	Sat	3:00 - 3:45
PCYB Rehearsals	Sat	3:45 - 4:45

PRE-PROFESSIONAL BALLE PROGRAM

Vaganova has come to define the Russian method of training dancers in ballet technique, while at the same time developing individual artistry through creative combinations of movement, musicality, and emphasis on upper body placement.

Vaganova's followers continue to refine the method she developed, focusing as she did, on the discipline, posture, alignment, flexibility, and strength required for Classical Ballet while keeping abreast of contemporary developments in choreography.

The Kirov and Bolshoi Schools, both of the great Russian schools, employ the Vaganova method. One only has to think of the quality and beauty of Russian ballet to understand that this method is clearly superior. Great dancers who were trained under this method include familiar stars such as Natalia Makarova and Mikhail Barishnikov, as well as countless soloists and principals in Russian and American companies and the unmatched corps de ballet dancers of the Kirov and Bolshoi ballets.

Whether you are studying ballet for pure enjoyment or are working towards a professional dancing career, you will find that this method will bring you the most success.

Boys Program

The boys program at BNWA focuses on the specific needs of the male dancer. Based on the Vaganova Method of teaching ballet, our boys' program contains a curriculum hand-picked to strengthen and develop male dancers. Special emphasis is made on jumping with height and power, to develop leg strength.

Boys ballet is free with another paid class. Scholarships available.

Adult Classes

This class is for both teens and adults who have minimal to no background in dance as well as for students with a dance background who would like to maintain strength and flexibility. Each student will be challenged at their individual technique level.

Adult Ballet- Beginning	Tues	6:45 - 8:15
Adult Ballet- Beg/Int	Thurs	6:45 - 8:15
Adult Ballet- Int/Adv	Sat	1:30 - 3:00
Adult Tap	Wed	6:30 - 7:30
Adult Hip Hop	Mon	7:30 - 8:30



2009-10 Dance Schedule

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>			<i>Thursday</i>			<i>Friday</i>			<i>Saturday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
Classes Begin September 2			April 4th 9- 12 V.I.P. Registration for current clients							10 - 10:45 Creative Dance ages 3-4					9:00-10:15 Ballet 1/1B	9:15-10:00 Pre Ballet	9:15-10:00 Music & Dance ages 4-5
			April 6th Priority Registration for previous clients April 8th Open registration for any remaining classes												10:15- 11 Beg. Rep.	10:15 - 11 Pre- Pointe	10 - 10:45 Creative Dance ages 3-4
3:00 - 4:00 Res. For Privates	3:30 - 4:30 Intro Jazz/ Hip Hop	3:15- 4:00 Creative Dance ages 3-4	3:00 - 4:00 Res. For Privates	3:45- 4:45 Tap 1	3:30 - 4:30 Intro Jazz/ Hip Hop	3:15- 4:00 Pre- Ballet	3:30 - 4:30 Jazz 1	3:15- 4:00 Music & Dance ages 4-5	3:15- 4:00 Pre- Ballet	3:30- 4:30 Intro Tap/ Jazz	3:15- 4:00 Music & Dance ages 4-5	3:30- 4:30 Jazz 1	3:30- 4:30 Hip Hop 2		11:00- 12:30 Ballet 3/4	11:00- 12:30 Ballet 2/2B	10:45- 11:30 Music & Dance ages 4-5
4:00 - 5:15 Ballet 1	4:30 - 5:30 Jazz 4	4:30- 5:30 Hip Hop 1	4:30 - 6:00 Ballet 4/5	4:45 - 5:45 Jazz 2	4:45 - 5:45 Musical Theatre 1/2	4:00 - 5:15 Ballet 1B	4:30 - 5:30 Jazz 3		4:00 - 5:15 Ballet 1	4:30 - 5:45 Boys Ballet		4:30 - 5:30 Musical Theatre 3	4:30- 5:30 Hip Hop 1		12:30- 1:30 Adv. Rep.	12:30- 1:30 Int. Rep.	
5:15 - 6:45 Ballet 3	5:30 - 6:30 Tap 2	5:30 - 6:30 Dance- Conditioning	6:00 - 6:45 Int. Pointe	5:45 - 6:45 Tap 3	5:45 - 6:30 Music & Dance ages 4-5	5:15 - 6:30 Ballet 2B	5:30 - 6:30 Tap 4	5:45 - 6:30 Music & Dance ages 4-5	5:15 - 6:45 Ballet 2	5:45 - 6:45 Musical Theatre 5	5:45 - 6:45 Boyz Hip Hop	5:30 - 6:30 Musical Theatre 4	5:30 - 6:30 Hip Hop 3	5:30 - 6:30 Modern	1:30 - 3:00 Ballet 5/6	1:30 - 3:00 Int/Adv Adult Ballet	1:30-2:15 Pilates for Dancers
6:45 - 8:15 Ballet 5/6	6:45 - 7:30 Pre- Pointe/ Pointe		6:45 - 8:15 Ballet 6	6:45 - 8:15 Beg. Adult Ballet		6:30 - 7:45 Ballet 3	6:30 - 7:30 Jazz 5	6:30 - 7:30 Adult Tap	6:45 - 8:15 Ballet 6	6:45 - 8:15 Beg/Int Adult Ballet		6:30 - 7:30 Cont. Chor. 3 / 4	6:30 - 7:30 Cont. Chor . 5		3:00 - 3:45 Adv. Pointe		
8:15 - 9:00 Variations/ Pointe	7:30 - 8:30 Adult Hip Hop		8:15 - 9:00 Adv. Pointe			7:45 - 9:00 Ballet 4/5			8:15 - 9:00 Adv. Pointe			7:30 - 8:30 Hip Hop 4/5			3:45 - 4:45 PCYB Youth Company Rehearsals		

Please Call Us With Your Questions! 343-3914 More details at WWW.BNWA.NET